Take an empathetic approach to stuttering
(even if you don’t stutter yourself)

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1. Goals for today (part 1)
   a. Discuss key elements of the stuttering disorder
      i. the nature of stuttering
      ii. definition
      iii. empathy
      iv. touch on* assessment and treatment goals and principles
         (*more in part 2)
   
   b. Put you in your clients’ shoes (as opportunities arise)

2. Is this talk “evidence based?”

3. Why do I care about empathy?

4. Issue #1: Is stuttering a “complex” disorder?

5. Issue #2: What is Stuttering?
   a. How to define?
      
   b. Why does a definition matter?
      
   c. Critical elements for a definition
      
   d. Definition – Bottom Line

6. Issue #2a: A couple of other considerations
   a. “Subgroups” of stutterers
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b. The “best” guide
   i. The World Health Organization’s International Classification of Functioning, Disability, and Health, commonly known as the ICF
   ii. Successful stuttering therapy involves more than just changes in observable fluency

7. Issue #3: Empathy
   a. Why empathy?
   b. A bit of history
   c. What is empathy?
   d. Do you have empathy?
   e. How do you determine if others have empathy?
   f. Building empathy – some suggestions
   g. Empathy in action

8. Summary

9. Questions?

10. Selected Resources
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1. Selected Internet Resources
   - Stuttering Home Page: http://www.stutteringhomepage.com
   - National Stuttering Association: http://www.westutter.org/
   - Stuttering Foundation of America: http://www.stuttersfa.org/
   - Bob Quesal Talks About Stuttering: http://www.wiu.edu/users/mfrwq/stuthome.html